

Shree M. & N. Virani Science College (Autonomous)

Affiliated to Saurashtra University, Rajkot

Annual Report (A.Y. 2018-19)

Subject: Value Education

Activities:

1. 3rd Adhyayan Satra on Manav Karma Darshan

Date: 25/06/2018 to 30/06/2018

Shri Ashok Gopala ji come to campus on 24th june 2018. From 25th june to 30th june he discussed the various aspects of Manav Karma Darshan. Nearly 40 members took part in this Adhyayan Shivir.

He covered the following points during the adhyayan sibir.

Following points were covered in karma Darshan.

- Karma : Karma, Karma, Karma, Karma, Karma, Karma
- Karma : Karma Karma Karma , Karma Karma KarmaKarmaKarma Karma Karma
- Karma : Karma KarmaKarma Karma Karma Karma Karma Karma Karma Karma, Karma Karma KarmaKarma Karma
- Karma Karma : KarmaKarma, Karma, Karma, Karma-KarmaKarma
- Karma Karma : Karma, Karma, Karma, Karma

Outcome: Karma Darshan gave the clarity about all 9 Karma which are relate with human being and through this satra we are more focused to our day to day activities with humans or with nature.

2. Three Days Induction Program conducted for M. Sc Students of Shri M. & N. Virani Science College

Date: 23/7/2018 to 25/7/2018

Six faculty members took the 3 day induction program of M. Sc. students.

Following topics were covered during the induction program

- Thought behavior and work
- Physical facility relationship and right understanding
- Ultimate goal of life
- Human is the coexistence of body and mid



2. One day Orientation Program at Government Engineering College, Rajkot

Date: 27/07/2018

Jigar Ratnottar, Rakesh Oza, Vijay Dandwani, Jay Patel, Ankit Kalariya and Paras Kalariya conducted a one day orientation program on Value education at Govt. Engg. College, Rajkot.

The students were very happy and satisfied with the lecture and from the feedback of the students we come to know that they want further lectures from Atmiya faculty members regarding this subject matter.

We assured GEC principal Shri C H Vithlani that we will try to visit their college as and when needed by the faculty and students of their college. We will be happy to share this type of lectures in future.



Outcome: This is type of expert talk on other campus gave the confidence and also the chance to share this proposal with more people. All facilitators got good feedback regarding this orientation program.

3. 4th Adhyan Shivir on Manav Karma Darshan

Date: 27/08/2018 to 31/08/2018

Following points were covered during the Adhyayan satra by Shri Ashok Gopala ji.

- ધર્મ અને અધર્મનો ભેદ, ધર્મના સ્તંભો, ધર્મના સ્તંભો
- ધર્મ અને અધર્મનો ભેદ
- ધર્મ અને અધર્મનો ભેદ, ધર્મના સ્તંભો, ધર્મના સ્તંભો
- ધર્મ અને અધર્મનો ભેદ, ધર્મના સ્તંભો, ધર્મના સ્તંભો
- ધર્મ અને અધર્મનો ભેદ, ધર્મના સ્તંભો, ધર્મના સ્તંભો
- ધર્મ, અધર્મ, ધર્મ, ધર્મના સ્તંભો, ધર્મના સ્તંભો
- ધર્મ, અધર્મ, ધર્મ, ધર્મના સ્તંભો, ધર્મના સ્તંભો, ધર્મના સ્તંભો, ધર્મના સ્તંભો, ધર્મના સ્તંભો

4. Exposure of Natural Farming and “Agro Forestry” at Daliya Village, Rajkot

Date: 02/10/2018

We 15 faculty members from Atmiya University visited Yogitaben’s farm on 2nd October for the understanding of Agro forestry.

Yogitaben accompanied with us. She took us to her farm for the understanding of various practical approaches for doing farming without pesticides and chemicals.

First of all she explains us that she is using Cow urine and other natural material for the farming and trying to do total farming in organic way. Then she took us to the 3 different parts of her farm. In first farm she showed us various trees she has grown. We took some ripe lemon. She also showed trees of different other fruits. She showed us the grass of various types she is growing in his farm for cows.

Then we went to second farm where we plucked the bitter gourd. Then she explained that she is having total 4 wells and all are internally connected. Then we reached at last farm where she has done the experiment of agro forestry.

Main motto of Agro Forestry is to use Natural Fencing also called “Green Wall” for thick tress instead of using metal fencing to guard the farm. She explained that after doing this experiment she is able to grow more ground nut compare to previous year.

The temperature was also reduced to 3 degree centigrade compare to outer temperature. Soil also became very humid and less requirement of water due to agro forestry.



Outcome: This exposure gave us understanding

regarding Natural Farming and the right way for farming. Also the concept clarity about Agro Forestry is the super technique for all farmers through which they can establish the Harmony with Nature and also they ensure their Prosperity.

5. “Prakrut” A Sustainable Lifestyle

Date: 03/10/2018

This activity was organized under VECD Cell for giving an idea that how we can live a Sustainable Life style by using handmade Soap, by growing our own vegetable using our terrace and by using Natural Medicines for our good health. This also covered the concept of Decentralized Power System. So gradually we overcome our dependency upon market.

In the morning at 9:30, inauguration was done by our guest shri Jayesh Deshkarji, Principal of VVP engineering college, Rajkot along with our Principals Shri G D Acharya Sir, Shri H M Tank Sir and Shri D M Mandavia Sir

First, all the members visited the stall of Decentralized Power System. There Shri Rakesh Oza explained regarding decentralized power system using Solar Panel. He explained that we can use this type of system at our home and also at distance places where there is no light available or light backup is required. We can run fans, lights of our home using this system. All the instruments will work on D.C. By using this system we can also reduce the carbon footprint.

The second stall was for natural medicines which are not having any side effect and give very good results and they were also very cheap in price and very effective. They were made from natural ingredients which are normally available in our kitchen.

The next stall was for natural soap made up of natural ingredients and do not harm our skin. Different varieties of soap were available made from different natural materials.

Next stall was for agro forestry where Yogitaben explained how she has done some experiments of agro forestry and how she got good results from that.

After that next stall was for terrace gardening. Ankit Kalariya explained that he has grown many vegetable at his terrace. He also explained that anyone can grow vegetable to full fill their daily requirements. Evert vegetable require nearly 30 to 35 days to grow. By growing our own vegetables we can get organic and natural food and we are not dependent on market.

Also there was a stall of art and craft made by Parth Lakum. He is having very good art to make best out of waste. He collects many waste things like CD, jeans pants and many others and make best out of that things.



And last stall was from BT department students. They have also made many handicraft items which we can make at our home and use them.

Outcome: Overall idea was to live a sustainable life in which we are Self Dependent and gradually overcome our dependency from market.

6. Conducted Jeevan Vidya Parichay Shivir at Nutan Gram Vidhyapith, Thava Village

Date: 08/10/2018 to 10/10/2018

Shri Rakeshbhai Oza from Atmiya University and Shri Kalpeshbhai Patel were invited to conduct 3-days Jeevan Vidya Shivir at Nutan Gram Vidhyapith, Thava Village, Bharuch.

Following topics were covered during the workshop.

1. Understand the harmony in Human being
2. Understand the harmony in Family
3. Understand the harmony in Society
4. Understand the harmony in Nature

Outcome: through this parichay shivir proposals can easily shared with society. Gram Pith/Gram Bharti shows their interest for further workshops in their all sanstha.



7. 23rd Jeevan Vidya Rastriya Sammelan at Gujarat Vidhyapith, Ahmedabad
Date: 15/11/2018 to 17/11/2018

23rd Jeevan Vidya Rastriya Sammelan was arranged at Gujarat Vidhyapith, Ahmedabad.
From Atmiya University total 9 faculty members attended this Rashtriya Sammelan.

1. Rakesh oza
2. Jigar Ratnottar
3. Vijay dandwani
4. Ankit kalariya
5. Paras kalariya
6. Yuvraj Kanchva
7. Manhar Kagathra
8. Chetna gohil
9. Khyati Joshi

This time in the sammelan paper presentation was done by various participants on various themes. From Atmiya university Rakesh bhai, Jigar bhai, Paras bhai presented the papers on various themes.



Outcome: all facilitators of JV got more clarity about living model. Also there was a session of paper presentation, so we find the scope of research in this concept.

8. 5th Adhyan Shivir of Manav Abhyas Darshan

Date: 18/11/2018 to 23/11/2018

Som bhai took the session of Abhyas Darshan. Where he shared the basic terminology of abhyas Darshan and also shared the importance of Abhyas Darshan in our day to day life. In this satra we were fortunate to have with us Ganesh Bagariya ji, he shared the coexistence of Self and Body. He also gave us the practice to explore the activity of self.



Outcome: We got clarity about activities of self in depth. Also there is a need to identified our needs for body and self. Ganesh Bhaiya explained it so nicely.

9. Jeevan Vidya Shivir at Lokbharti Vidhyalay, Sanosara, Bhavnagar

Date: 18/12/2018 to 21/12/2018

Shri Rakesh Oza from Atmiya University was invited at Lokbharti Vidhyalay for 4 days Jeevan Vidya shivir for UG students of BRS (Bachelor of Rural Studies).

Following topics were covered in four days

Day1: **परिवारिक शिविर का शुभारंभ** **परिवारिक शिविर का शुभारंभ**

Day2: **परिवारिक शिविर का शुभारंभ** **परिवारिक शिविर का शुभारंभ**

Day3: **परिवारिक शिविर का शुभारंभ** **परिवारिक शिविर का शुभारंभ**

Day4: **परिवारिक शिविर का शुभारंभ** **परिवारिक शिविर का शुभारंभ**

10. Jeevan Vidya Parivarik Shivir at Atmiya University Prabodhak: Shri Rakesh Oza date: 23/12/2018 to 25/12/2018

One family workshop of Jeevan Vidya was arranged at Atmiya University for the families of faculty members.

This workshop was taken by Shri Rakesh Oza. He explained all the basic principles of Jeevan Vidhya. He explained regarding what is Madhyastha Darshan Sah-astitva vad.

He also explained the basic points of 4 orders like individual, family, society and nature.

Outcome: Family Members got benefits through this 3-days shivir. They want to know about the Madhyastha Darshan basic principles.

Our kids also enjoyed a lot in this shivir. They demand for 7-days workshop because there were a



session for them also.



11. Represent Atmiya University in State Level Event “Gyanotsav” at IITE, Gandhingar

Date: 15/12/2018 to 16/12/2018



IITE Gandhinagar organized healthy educational meet up called “Gyanotsav”. More than 200 schools and colleges from all over the Gujarat came and allocated respected stalls to them to represent their school/college. We, Atmiya University also participated in this mega event. We made a 5 charts which shown all the activities carried out by our university under Jeevan Vidya. Visitors appreciate our activities and also we sold our hand made products like Soap. People also acknowledged our efforts for sustainable life style. Jigar Ratnottar represented our University in central auditorium.

12. 6th Jeevan Vidya Adhyan Shivir Anubhav Dashan and Abhyas Darshan

Date: 07/01/2019 to 12/01/2019

Shri Surendra Pathak took the session of Anubhav Darshan and also covered some topics from Vyavhar Darshan. He had almost 20 years of experience of Madhyastha Darshan. So explained all the things so nicely. He made a Jeevan Vidya charts so he explained the charts to JV team members. Mrs Sunita Pathak has also a good command on sahashtitva vad so she explained brief about family and the values associated with Human-Human Relationship.



13. Meeting regarding implementation of Value Education course at various levels of university

Date: 17/02/2019 to 18/02/2019

A meeting was held in presence of Dr. Sheela Ramchandran (Pro-Chancellor) and Dr. Santhanakrishnan (Provost) to explore the frame work for implementing value based education. Dr. Surendra Pathak and Shri Ummed Nahta were invited in the meeting to put forward the proposal to develop the university based on Universal Human Values and co-existential Philosophy.

Minutes of meeting

Venue: Board room

Date: 19/02/2019

A meeting was held in presence of Dr. Sheela Ramchandran (Pro-Chancellor) and Dr. Santhanakrishnan (Provost) to explore the frame work for implementing value based education. Our guest from Ohio State University, USA, Dr. Muthusamy was also invited in the meeting.

Based on the meeting held yesterday (18/02/2019), in the initial phase of the meeting Dr. Surendra Pathak and Shri Ummed Nahta put forward their proposal to develop the University based on Universal Human Values and co-existential Philosophy.

Sharing from Dr. Surendra Pathak

Dr. Pathak presented the following possibilities in the area of 1. Academics & Research
2. Extension 3. Administration

Academics & Research	Extension	Administration
1) Syllabus and curriculum development 2) Research 3) Teaching & learning 4) Orientation and refresher program 5) Workshops and conference 6) Faculty development 7) Academic Staff Colleges 8) Role of IQAC/TQM follow the ethical norms	1) society 2) Staff 3) Students 4) Parents 5) Environment 6) Schools & colleges 7) Solving the problems for society	1) Behavioral training 2) Training for the vision development 3) Academic freedom

Following proposal was given.

- Establish a department and conduct M.A in CVMS (Chetana Vikas Mulya Shiksha)
- Establish the research chairs with other universities

- Appoint a director
- Conduct and schedule workshops/yearly programs, training(plan in academic calendar),orientation/refresher one in a year
- Plan one or two conferences on UHV/Peace/Co-existence/Harmony etc
- Adhyayan should be continued
- Start foundation course and train the teachers for teaching fundamental course
- Teacher should be the mentor of students Research:
- For PhD and post doctorate orientation should change. It should not be for market and industry. Conflict-centric research should be avoided
- Collaborative research with other universities, Interdepartmental
- Research for faculty with fellowship IQAC/HV Dept in content development and curriculum development
- International projects on peace, harmony, co-existence etc.

Sharing from Dr. Sheela Ramchandran:

Dr. Sheela Ramchandran (Pro-Chancellor) shared the enabling structure for Atmiya University. She expressed that the university is planned to have enabling structure for sustainability. Various centers are planned and the function of each centre was explained clearly. Centre for life skills covers the UHV cell. Centre for Research Innovation and Translation covers the research aspects. She also indicated that academics & research is being attempted at towards transformation in Affective, Psychomotor & Cognitive Behaviors. It was suggested that faculty members be trained every month in this integrating for one year, before a modified curriculum & syllabus is rolled out in 2020-2021.

Presentation from Dr. Surendra Pathak:

Another phase of the meeting was proposed in the afternoon. In this phase Dr. Pathak gave a presentation on education under the light of Madhyastha Darshan. He explained the base that is Astitva Mulak Manav Kendrit Chintan and the education philosophy.

The pro-Chancellor, Dr. Sheela Ramchandran, also expressed that the university has started working in the direction of integrating UHV into its delivery of academics & research. Towards this end, the faculty of science has started working on OBE for PG programs incorporating the principles of UHV based on its success; it will be adopted for other programs.

Accordingly, a sample presentation for M.Sc. (Biotechnology) was made by Mr. Ravi Ranjan.

Members Present in the meeting:

Dr.Sheela Ramchandran (Pro-Chancellor)

Dr.Sanathanakrishnan (Provost)

Prof.Rakesh Oza

Prof.Vijay Dandwani

Prof.Paras Kalaria

Prof.Jay Patel

Prof.Khyati Joshi

Dr.Sheetal Tank

Prof.Ravi Ranjan

14. Participate and Represent Atmiya University in 8th International Conference on Human Values at IIT BHU, Varanasi

Date: 01/03/2019 to 03/03/2019



Every year an international conference under the banner of Human Values organized by any one partner. 8th ICHVHE organized by IIT BHU, Varanasi. Jigar Ratnottar represented Atmiya University in this international conference. Around 20 VCs, Directors, Dean, Policy Makers, Trustees were the participated in 8th ICHVHE. Main theme of this conference was to understand educationalists.

Outcome: chance to share our activities with VCs and other policy makers.

15. Extension activity under NSS scheme at Mahika Village Primary School

Date: 18/03/2019

Five faculty members visited Mahika Prathmik shala for NSS camp arranged by Shri M. & N. Virani Science College (Autonomous). Following faculty members have taken the introductory lecture of Jeevan Vidya.

1. Jigar Ratnottar
2. Vijay Dandwani
3. Ankit Kalariya
4. Chetna Gohil
5. Khyati Joshi

Every day in school start with prayer of students. We attended the prayer with school teachers. Then we divided the students in two groups 1st group of standard 1 to 4 and 2nd group



of standard 5 to 8.

Chetna Gohil and Khyati Joshi took lecture in 1st group while Jigar Ratnottar and Ankit Kalariya took lecture in 2nd group. There was very good interaction with students we played some knowledge games and told them stories which were related to this content.

16. A visit to Micro-sign Company at Bhavnagar and Lokbharti, Sanosara

Date: 25/03/2019

We arranged one visit to one special company called micro-sign at Bhavnagar. There was 60% handicapped working staff in this company. The main motto to promote these working staff was to give them respectful life in society. Owner Nishith Mehta has wonderful vision for his company and all working staff enjoyed working in this company.

Then after we visited Lokbharti Sanosara near Bhavnagar. Principal, Arun Dave sir share the vision and working style of Sanosara Lokbharti Vidyalay with us. Lokbharti research on wheat and they produce around 2200 types of wheat. All the students who studied in Lokbharti did their work by own. This is the wonderful concept.



Outcome: all the students got clarity about how can we justify our skills and how can us contribute in bigger order.