

**A Report of Student's Workshop
on
"Jeevan Vidya"**

Date: 27/1/2022 to 1/2/2022

**Organized by
Universal Human Values (UHV) Cell**

**Collaboration with
Lokbharti Vidyalaya, Sanosara**

**Facilitator
Mr. Jigar Ratnottar
Asst. Prof.
UHV Cell, Coordinator**

**NO of participants: 76
Venue: Lokbharti Vidyalaya, Sanosara**

The workshop on “**Jeevan Vidya**” is a proposal of to make Universal Humanization of Education based on *Madhyastha Darshan Sah-Astitvavaad*, philosophy propounded by Shri *A. Nagraj*. The workshop was organized by UHV Cell, AGI for the students of Lokbharti Vidyalaya, Sanosara, and this is nicely facilitated by Mr. *Jigar Ratnottar*.

Following important points were discussed in Workshop:

- ✓ Workshop is in form of proposal and universal biased.
- ✓ No Do`s and Don'ts instruction were given into workshop.
- ✓ Education should address Universal Human Values + Skill (Technology).
- ✓ For all human being in life there are only two basic questions need to answer i.e.
 - 1) Why to live? Related to **values**
 - 2) How to live? Related to **skills**
- ✓ Basic desire of all human is to be **Happy & Prosperity** and its continuity.
- ✓ We cannot purchase any physical facility we only paying for Human effort.

Total 76 students of Lokbharti Vidyalaya, Sanosara participated for workshop. The workshop was organized for their students.

Highlight of Workshop:





Report on

"Weekly Reinforcement workshop on Jeevan Vidhya at Anand Niketan School, Shilaj, Ahmedabad."

By Jay Patel-UHV Cell

Date: 5/2/2022

No. of Participants – 150

Patron – P. P. Tyag Vallabh Swami ji,

Secretary, Sarvodaya Kelavani Samaj

Facilitator – Mr. Jay Patel and Jigar Ratnottar,

Organizer – Anand Niketan Shilaj Campus, Ahmedabad.

About the Event:

This event is organized as a part of social emersion program for introducing Jeevan Vidya in different School/Collages. This workshop is organized by "Anand Niketan Shilaj Campus, Ahmedabad." especially for all the teachers. In this weekly workshop there are 130 to 150 teachers got aware by the content of Jeevan Vidya. Main purpose these weekly meeting is for reinforcement the content of Jeevan Vidya. All the sessions are conducted by UHV Team and Chetanaben Zala. During the session we discussed the all Parichay shivir's topic in detailed with the practical approach in life. We discussed following topics during session:

1. Introduction of Jeevan Vidya Content.
2. Taking doubts, questions and queries from Parichay Shivir.
3. Discussed the concept of " स्वीकृति = सुख "
4. Discussed the concept of " Four Orders in Nature"
5. Discussed the concept of "Who am 'I'- Clarity of human being"
6. Discussed the concept of "Self- Jeevan kriya"
7. Discussed the concept of " Relationship"
8. Discussed the concept of "Expectations in 7-Relationships" and many more in detail.

These one day weekly workshop/session conducted by following scheduled:

Like we are going every Saturday by bus from Rajkot at 5:00 am and reached into campus around 10:30 am then taking some breakfast session was started around 11:00 am to 2:45 pm, in between we took 10 mins. of bio-break. After completing the session we took lunch between 3:00 to 4:00 pm and around 4:00 pm we started our return journey from Ahmedabad to Rajkot and around 10:00 pm we reached at Rajkot. So this schedule we followed every week.

By conducting this kind of weekly workshop for teachers we learned many things from their behavior. They are very sincere and enthusiastic to learn every concept in detail. They are really waiting for Saturday's session and during week time many of them sincerely put the efforts in their life by observing the discussed concept in every Saturday. Actually

by observing them spirit to learn in depth we are also waiting for Saturday to going there and discussed the concepts. Now from this June onwards we are planning to introduce Jeevan Vidya Books by A. Nagraj and discuss in detail or we can say we are planning to start book study over there.

Outcome from weekly workshop/sessions:

The main and very important outcome from those efforts from both side, out of 150 teachers, 15 teachers willingly attended “Adhyayan Bindu shivir at Palitana.”

Gratitude towards whole management of AGI, P.P. Tyagvallabh Swamiji, various deans, HODs, Principals, Faculties and Technical support us to conduct this kind of event and also gratitude towards Kamal Manga Owner of Aanand Niketan Schools and all the staff of Shilaj Campus to give us such kind of opportunities.

Glimpses of the Weekly Workshop





Report on

"Jeevan Vidhya Shivir, Kaparada"

By Jay Patel-UHV Cell

Date –23th April 2022 to 25th April 2022

**Patron – P. P. Tyagvallabh Swami ji,
Secretary, Sarvoday Kelavani Samaj**

Facilitator – Mr. Jay Patel (UHV Cell Member),

Organizer – Anand Niketan Eklavya Model Residential School, Kaparada.

No. of Participants – 160

About the Event:

This event is organized as a part of social immersion program for introducing Jeevan Vidhya in different Schools/Colleges. This workshop is organized by “**Anand Niketan Eklavya Model Residential School, Kaparada, Valasad.**” especially for Std. 10th and 12th Science/Commerce students. In this introductory level workshop there are 160 total students and 8 teachers got aware of the content of Jeevan Vidya. This 3 days workshop is conducted by Mr. Jay Patel one of the UHV Cell members. In these 3 Days workshop we discussed 1. What is the Ultimate Goal of Human Life 2. What is Ultimate Success in Human Life and 3. Understanding of all Activities like Thought, Behavior and Work.

These workshop conducted by following scheduled:

Like start in morning, **Session-1:** 9 am to 10:30 am then **Break:** 10:30 to 10:45, **Session-2:** 10:45 to 12:30, **Lunch Break:**12:30 to 2:00, **Session-3:** 2:00 to 3:30, **Break:** 3:30 to 3:40, **Session-4:** **3:40 to 5:30**, then in Night we arranged one hour **Gosthi in different groups from 8:00 to 9:00pm.**

By conducting this kind of workshop for students we learned many things from their behavior. They are very sincere and pure souls. They attended all 3 days very sincerely and with full heart. They ask many questions related to human life and the quality of questions are very impressive. At Last they shared with them feedback on what they got from the workshop and the important point is they all are satisfied with the event and they want more days to attend so we are going to plan next 2 to 5 days residential workshop at Kaparada probably at the end of June.

Gratitude towards the whole management of Atmiya Group of Institutions, P.P. Tyagvallabh Swamiji, and various deans, HODs, Principals, Faculties and Technical support us to conduct this kind of event.

Glimpses of the Workshop





Glimpses of the Day-1



Sharing and welcome by Principal ShreeVashant Pathak



Glimpses of the Day-2





Glimpses of "Gosthi"





Glimpses of the Day-3 with feedback and valedictory function

Report on

"Happy Life: Parents Meet"

Date – 24th April 2022 (Sunday)

Patron – P. P. Tyagvallabh Swamiji,
Secretary, Sarvoday Kelavani Samaj

UHV Cell Coordinator – Jigar Ratnottar
Organizer – UHV Cell, Atmiya Group of Institutions, Rajkot

No. of Participants – 68

About the Event:

This event is organized as a part of a social immersion program for introducing Jeevan Vidya in the parents fraternity of Atmiya Group of Institutions students. During 13th to 17th April 2022, AGI Participated in Happy Marriage life Shivir at Mewad Bhavan, Palitana, and Gujarat. There were 21 students selected for participating in this Shivir which is based on Madhyastha Darshan philosophy. The Shivir is conducted by Shree Somdev Tyagi ji.

“Happy Life- Parents Meet” is the program to share the feedback of students who participated in Palitana Shivir and make their parents aware of the benefits of the Jeevan Vidya proposal. The session started with the brief journey of Jeevan Vidya spread across the globe and within AGI. This session is conducted by UHV cell member Vijay Dandwani. This session is followed by experience sharing and implementing Jeevan Vidya in life by Dr. Sheetal Tank. After this session an introduction session on Jeevan Vidya was conducted by one of the UHV cell members Mr. Paras P. Kalariya. This session is for getting insights on Jeevan Vidya for parents.

At the end of session students share their feedback on attending a 5-Days residential workshop at Palitana. After that Parents also gave their response on their child’s positive attitude towards life after the workshop.

There were distinguished personalities from different institutes of society were also present during the session, one of them is CEO of an IT company, Ex-DGM of BSNL, Rajkot, alumni student of Dakshinamurthi Vidyalaya, GST officer, Rajkot, Jay playhouse founder.

Gratitude towards the whole management of AGI, P.P. Tyagvallabh Swamiji, Secretary of Sarvoday Kelavani Samaj, Rajkot.

Glimpses of the Event



UHV journey at AGI shared by Vijay Dandwani



Value based living shared by Dr. Sheetal Tank



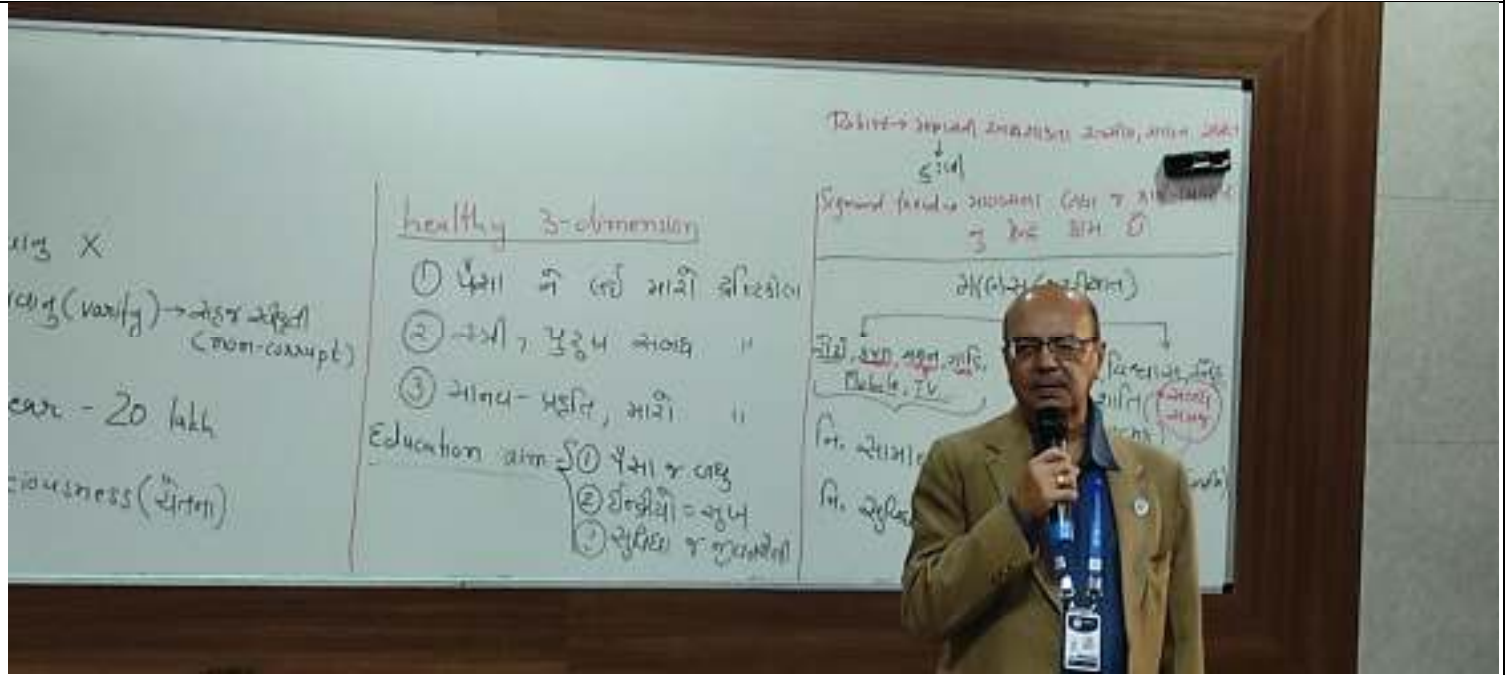
Jeevan Vidya introduction session shared by Paras Kalariya



Participants from Society and AGI



Feedback of Jeevan Vidya Shivir by AGI students



Importance of value education in society shared by Dr. G. D. Acharya



Parents Response on Student's sharing and Jeevan Vidya introduction session