

Report on International Women's Day Celebration

Organized under AWAKE, WDC and SWE

Atmiya Group of Institutions and Shree M&N Virani Science College on 8th March, 2017

Atmiya Group of Institutions and Shree M&N Virani Science College has celebrated the International Women's Day that is on 8/3/2017 with the joint efforts and Coordination of the WDC Coordinators on campus, namely Dr. Sonal Shah (President, AWAKE) of VSC, Dr. Komal Borisagar (AITS), Prof. Bhumika Zalavadia (AITSDS), Prof. Samixa Patel (AIP), Dr. Vaishali Parsania (MCA), Prof. Manali Jesing (MBA). The our guest for the event was Mrs. Khushbu Davada who won many awards

from Prime Minister for her unique poster, a traditional artwork she has prepared from perl. More than 600 girls and female faculty members have attended the function.



As per our tradition the event started by prayer and followed by inviting WDC coordinators and our guest by book. Dr. Sonal Shah gave her welcome address by making the girls aware about what is the real meaning of women empowerment, and also later detailed the activities conducted by AWAKE.

Dr. Vaishali Parsania gave a orientation to the girls about the introduction of Smart Girl Program which is the extension of Empowerment of Girls (EOG) program in association with BJS, Pune. She explained that it was two day

program in which three sessions are for girls and one session is for parents. She also covered the main objectives of entire program and why each girl should go through this program once in her course of study at Atmiya group of Institutions. She also highlighted the main modules of the program such as self awareness, friendship and temptations, choice and decisions, communication and relationships, self esteem, self defense etc. It is vision of our Pujya Tyagvallabh Swamiji that every student of this institute should be a better human being along with his/her knowledge and subject expertise.

Ms. Khusbu Davada who was the guest of the event addressed the girls about what a woman can do along with all her social responsibilities. She prepared an unique poster from perl in which she spend lot of time about 865 hours and hard work which was identified by our honorable Prime Minister Mr. Narendra Modi. She was awarded by Prime Minister Mr. Narendra Modi for her success and also has registered in Guinness Record for the same. She also highlighted about the difficulties she



faced in her entire journey of this success. Her speech touched every person present in the event. She strongly told that anything is possible if we are confident about our aspirations. Throughout her speech she acknowledged the support and encouragement received from her Husband and also her in-laws. She said that I had achieved my dreams even after post marriage and post having a child. We all applauded for her splendid efforts and also gave a standing ovation to her supportive husband who was also present at the event.

Ms. Bhavana Jagani from Biochemistry department of VSC presented a meticulously



planned session on - the Food Adulteration and Analysis and highlighted different food items in which adulteration is done with different materials which can harm our health. She suggested many tips to identify whether the food items we are eating are adulterated or pure. The entire session was very interesting and useful and well received by the

Students.

The event ended by vote of thanks delivered by Dr. Komal Borisagar for AITS. The event was very enjoyable and was kept live and interactive with the help of different video clips and discussions. The Team library had taken care of the logistics, various arrangements and smooth conduct of the event.

International Women's Day Celebration

The Atmiya Group of Institutions (AGI) organized International Women's Day Celebration on 7th March 2020, Saturday at the college campus. The programme was organized for all the girls and female faculty of the institutes including Atmiya school and Atmiya Colleges. Around 600 girl students and around 30 faculty attended the event. The three hour event was organized for the celebration.

The programme started with the Welcome Speech by the anchor (Ms Ishita). The first performance was stuti dance by Students Bhoomi & Mahima . Afterwards all the guests were welcome on Dias (Dr. Sonal Shah, Dr. Shweta Trivedi, Dr.Ushaben Patel, Swastik Didi & Women Development Cell members (Dr. Shweta mam, Tosal, Dr. Hetal, Meghashree ,Bhumika S Zalavadia , Dr. Samixa Patel). Dr. Megashree Dadich ,faculty MBA Dept was invited for garlanding Thakorji . All the delegates further stood together for the Lamp Lighting. All the guests were welcomed by books. After that the welcome speech was given by Dr. Sonal Shah, President AWAKE (Atmiya Women Association for Knowledge Empowerment). She motivated the students and explained that women is equal to men and can do anything.

The second performance was a beautiful song sung by student Neha from Engineering. The first Guest talk was delivered by Dr. Shweta Trivedi, Gynaecologist , Sterling hospital on the topic "Polycystic ovary syndrome" PCOS). She explained the concept very elaborately and nicely with the causes, symptoms and solutions of PCOD .

The felicitation and memento was presented to Dr. Shweta by Ms Vandana Chovatiya, Principal Atmiya School. The further event included poetry recitation by Ms. Kaveri, B.Com student on the topic "Women". This was followed by a solo dance performance by Drashti AITSDS student. The second guest Talk was delivered by Dr. Ushaben Patel, Ayurvedic Doctor and Ozone therapist on the topic "Healthy eating for healthy life". She explained the importance of healthy food in life and intake of all healthy food variety can keep us away from diseases. Afterwards the group dance performance was done by Drashti, Mahek & Palak, Students.

The third guest of the day was Dr. Falguni , Physiotherapist who demonstrated Zoomba, a dance exercise to all the audience. The hall was full of energy as all were doing Zoomba. The felicitation and memento was presented to Dr. Ushaben Patel by Dr. Hetal Thakker; and to Dr Falguni by Dr Varsha Kanabar. The awards were given to various students who were winners in various sport activity. The programme was end by Garba by Students Nandini; Bansi;Jayna;Shruti ;Mitali; Hiteshi; Dharmi;Urvi and Bhoomi on "Vagyo re dol" from Hellaro.

After the collaborative function, all the colleges organized function separately in their campus.

The Shree M & N Virani Science College celebrated the event in the Central square. The programme started with prayer by female faculty Aarti Lungariya. Further a drama was performed by Chemistry students on the topic "Journey of the Women from child to mother". They did it very emotionally and creatively. Further the speech was given by microbiology

students on the topic “Legendary Women of India”. They explained about Indira Gandhi, Kalpana Chawla, Nirmala Sitharaman and other great women. The next programme was a Quiz conducted by Biochemistry Students .Audience took part actively in the quiz and gave response to the organizers .The function was ended with GARBA performed by all the students.

The third activity was conducted by NSS teachers and students. The 104 students went to Mahika Village,Rajkot District .They organized “Beti Bachao Rally” in the village and tried to explain the people about it. The students also explained villagers about food adulteration too. The demonstration of Karate was also performed to the girl children of the village.







WOMEN EMPOWERMENT CELL

CELEBRATES

INTERNATIONAL WOMEN'S DAY

GUESTS

Mrs. Hemal M. Dave

Ojaswini Foundation

Talk on: Women: Pillars of Home & Society.

Dr. Madhavi Barai

BDS (BVP, Pune)

Talk on: Oral Health for Women.

DATE: *8th March 2018*

TIME: *11:00 AM to 1:00 PM*

VENUE: *Room 212, Second floor,*

Shree M. & N, Virani Science College.

PARTICIPANTS: *Female Staff Members and Female Students.*

Shree Mani Bhai and Naval ben Virani Science College (Autonomous)
Affiliated to Saurashtra University

AWAKE

[Atmiya Women Association for Knowledge Empowerment]

Organizes an extraordinary two days event

Some questions to be asked to yourself ?

Do you want to.....

.....manage your time?

.....control your thoughts and anger ?

..... know what you need?

.....explore yourself ?

.....have gala time with your friends?

.....find out simple solutions to day to day life's problems ?

.....& to top it all

Self Realization and Discovery of Being UNIQUE GIFT to Humanity.

If YES !!!!

Then join us for two days!!

**First day outing to Mini Mysore Vrindavan gardens-
AAJVA NIMETA**

Second day – Empowerment of Girls in various ways in

ATMIYA GIRLS YOUTH CONVENTION

Bhakti Ashram, Haridham, Sokhada

Dates: 2nd and 3rd Feb. 2019, Saturday & Sunday

(Friends and Cousins- anyone between 12 to 40 yrs can join)



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