



MEMORANDUM OF UNDERSTANDING



between

Life Health & Wellness Centre (LHWC) of Saurashtra Medical & Educational Charitable Trust (SMECT), Project 'Life'

Life Building, Race Course Ring Road, Rajkot-360001

and

Shri Manibhai Virani and Smt. Navalben Virani Science College (Autonomous), Rajkot
"Yogidham Gurukul", Kalawad Road, Rajkot-360005

This Memorandum of Understanding is entered in to between Sarvodaya Kelavani Samaj managed Shri Manibhai Virani & Smt. Navalben Virani Science College (MNVSC), an Autonomous College affiliated to Saurashtra University, Rajkot located at Yogidham Gurukul, Kalawad Road, Rajkot-360005 represented by Dr. Kartik Ladva, Principal, MNVSC and Life Health & Wellness Centre (LHWC) of Saurashtra Medical & Educational Charitable Trust (SMECT), Project 'Life' located at Life Building, Race Course Ring Road, Rajkot-360001 represented by Mr. Rajeev Mishra, Sr. Manager-Dev. & Communication, SMECT.

The objective of this MoU is to establish active connect between Health & Wellness NGO and academia, maintaining long standing relationship with LHWC of SMECT by introducing an experiential course on Yoga and Meditation.

Within fields that are mutually acceptable, the following general forms of cooperation will be pursued:

- Design and development of syllabus for 40 hours elective Value Added Courses (VAC) entitled Ashtanga Yoga – Introduction to Principles & Practices.
- Development of Teaching, Learning & Evaluation strategy / method.
- Implementation of the aforesaid elective VAC course for students admitted in B.Sc. programs from AY 2022-23 & onwards.
- Any other relevant activities.

Now this agreement witnesseth as under:

- LHWC of SMECT will conduct aforesaid 40 hours elective Value Added Courses (VAC) entitled Ashtanga Yoga – Introduction to Principles & Practices at the college premises.
- Every Monday & Tuesday of the week for 3 months, Yoga teacher from LHWC of SMECT - Project 'Life' will come at your college premise to practice the VAC.
- Yoga teacher from LHWC of SMECT - Project 'Life' will be available for teaching at MNVSC from 4:40 pm to 6:30 pm for 02 days of every week.

- The college will have to provide required space and learning resources to practice Yoga.
- The college VAC Coordinator has to assure about physical fitness of the participation to practice Yoga.
- The college will make payment for remuneration and local conveyance of Yoga teacher as per college rules at the end of the VAC.
- In case due to any unforeseen reason if teacher is not available, then LHWC of SMECT - Project 'Life' will make alternate arrangements or will inform accordingly.

The terms of cooperation for each specific activity implemented under this MoU shall be mutually discussed and agreed upon in writing by both institutions prior to the initiation of that activity. Any such agreements entered into, as outlined above, will form appendices to this MoU. Each institution shall designate a coordinator to develop and harmonize the specific activities agreed upon.


Validity:

This MoU becomes effective on the date of signature. It is valid for Three years with the understanding that either institution may terminate the MoU with one months' notice in writing, unless an earlier termination is mutually agreed upon.

Revisions or modifications may be proposed at any time, effective from the date of written agreement signed by both institutions.

Place: Rajkot

Date: 18th Nov. 2022


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Coordinator

Shri Manibhai Virani and Smt. Navalben
Virani Science College, Rajkot



Coordinator

Saurashtra Medical & Educational
Charitable Trust (SMECT), Rajkot


Dr. K. D. Ladva
Principal

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Mr. Rajeev Mishra

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Description : MEMORANDUM OF UNDERSTANDING
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Second Party : SHRI M AND N VIRANI SCIENCE COLLEGE
AUTONOMOUS
Stamp Duty Paid By : SHRI M AND N VIRANI SCIENCE COLLEGE
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2. The onus of checking the legitimacy is on the users of the certificate.
3. In case of any discrepancy please inform the Competent Authority.